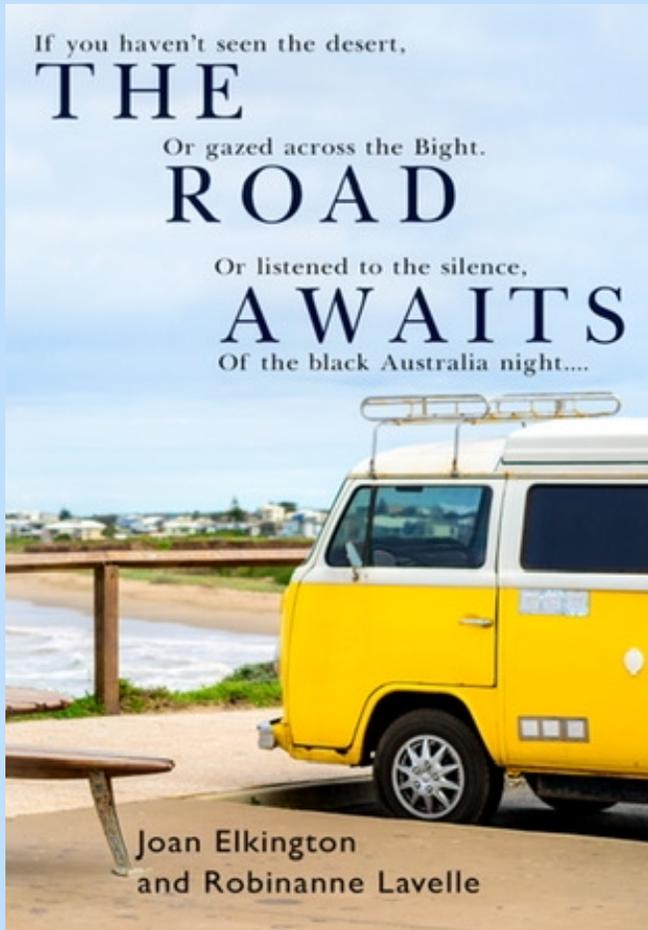


Robinanne Lavelle



Author & Educator

"A rewarding life is achieved by pursuing opportunities with passion and overcoming obstacles with determination."

Robinanne Lavelle

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Introduction

During a time of the COVID 19 pandemic, it has been highlighted the importance

-  to pause, breath and reflect,
-  to connect with others,
-  keep a healthy routine,
-  be kind to ourselves and others and
-  to reach out if you need help.



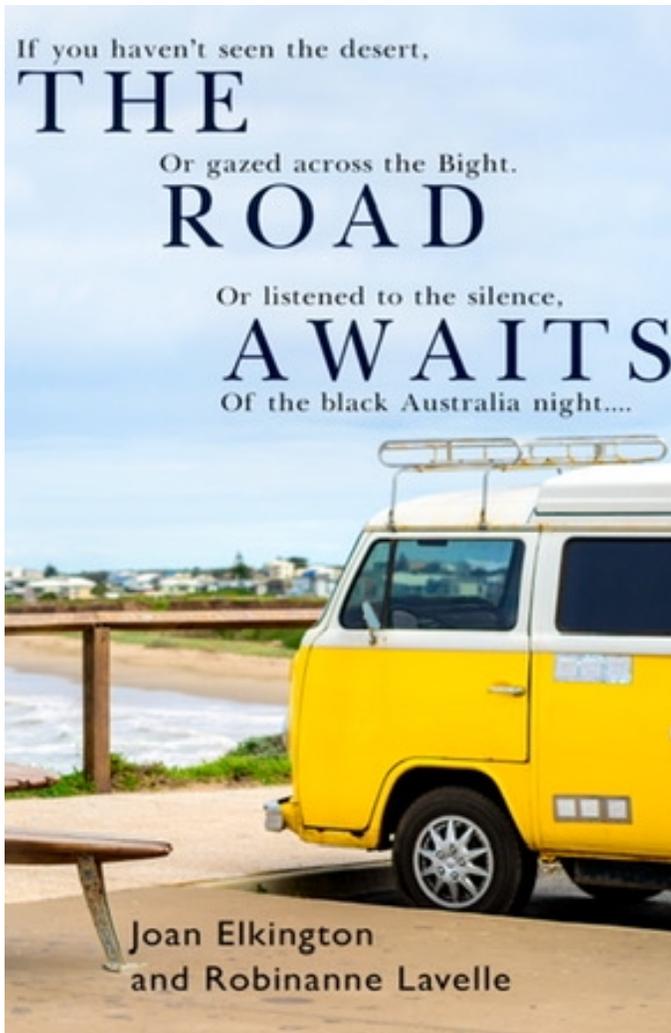
The Road Awaits is a story of unexpected sudden losses and is an inspirational story of survival and a new path that leads to happiness. This book is a great read during times of isolation caused by the pandemic. It is a story readers will be able to relate to as it is also about loss and fear of the unknown.

The book is also an uplifting story of a family's journey from this loss, making the best of things and finding a light at the end of the tunnel with happiness found in unexpected places. It is a journey to find true meaning and through this wisdom is developed.

This book of poems and vignettes takes the reader on a wonderful journey of discovery. The places visited are depicted so beautifully in the verses of each poem and the stunning photographs that accompany each of the pieces of work only enhance the reader ability to get away from the present and travel to amazing vistas.

The Road Awaits

Book Launch Saturday 12th March 2022



Poetry extract

If you haven't seen the desert,
Or gazed across the Bight.
Or listened to the silence,
Of the black Australia night...

If you haven't surfed at Bondi,
If you haven't seen the snow.
Or wandered up to Queensland
Where the best Mangos grow...

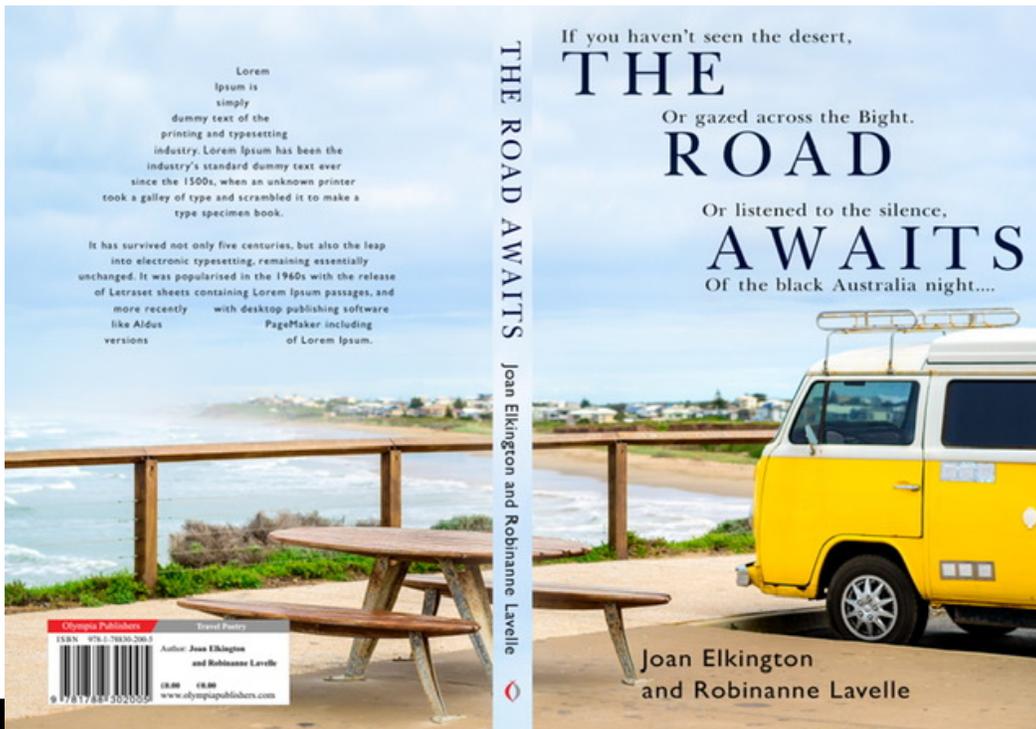
If you haven't helped to pick a crop,
If you've never turned a sod.
If you haven't learned to know and love,
The ways the Lawson trod...

If you've never paused to rest,
On some strip of fine, white, sand.
Where the grass grows coarse and stubby,
On some lonely, south headland.

If you haven't crossed from east to west
This Southland, girt by sea
You haven't seen the half of it,
And you haven't been with me!



The Road Awaits



This invigorating collection of poems highlights the beauty of the natural world which is often forgotten about in the new digital age. Robinanne Lavelle reminisces about the first road trip she took as a child which drove her strong admiration for nature. From the beaches of Bondi to the grapes of Barossa, and shipwrecks of the rugged west coast, Lavelle explores the small divinities which make Australia so magnificent whilst passing on apples of wisdom fed to her by her parents. With sharp turns and bumps, this road trip will cause a range of drastically different emotions but is sure to leave any reader changed and awakened. Whether a passionate environmentalist or an indifferent traveler, the road awaits...

Vignette extract

In the early 1960s my father sustained a back injury and was laid up in bed for over 6 months. Without working, and in those days with no health insurance, we lost our house. My mother had a nervous breakdown involving her losing the ability to speak for a year and worsening her epileptic fits. So, at the age of 9 years, I stayed home from school for the year to look after her. After that period, I often had my mother quote to me, "life can turn on a sixpence!" These were life altering events for my parents and when they were well enough, they decided to pack up our van to travel and work around Australia. We moved around the East Coast of Australia, then Victoria, moved on to South Australia, and finally travelled to the West Coast of Western Australia.

Biography & Qualifications

Biography

Robinanne Lavelle completed a Bachelor of Economics, a Master's degree in Business and another in Education Management. She has been a teacher, lecturer and author of five textbooks in the social sciences. As well as academic pursuits, spirituality and emotional intelligence have been at the forefront of her life's journey. After studying yoga and meditation with monks, she ran courses and has written a book on mindfulness and meditation. This book of poems and stories explores the life changing events that shaped her childhood and the adult she is today.



Qualifications

- 2008 Master of Philosophy, Sydney University: Thesis on Business Empowerment - design tool to measure level & perceptions.
- 1999 Master of Educational Management, University of Western Australia: Course work - interpersonal relations & dissertation – What Readers want in a textbook – evaluation of style and format.
- 1981 Post Graduate Diploma in Education, University of Western Australia: secondary & primary school.
- 1979 Bachelor of Economics, Monash University: double major in Economics and Politics and a minor in Economic History.

Other Published Books

- 2022 Author: Life Sorted in 8 Sessions
- 1997 Rewrite Author: Social Science texts: Trends & Turning Points
- 1996 Rewrite Author: Social Science texts: Tracts & Traces
- 1995 Rewrite Author: Social Science texts: Time & Tide
- 1994 Author, Meditation: Creating Quality Life
- 1991 Co-author: Laymans Guide to the Law Year 12
- 1990 Co-author: Laymans Guide to the Law Year 11

“Education is the most powerful weapon you can use to change the world.”

Nelson Mandela

“If you want to live a happy life, tie it to a goal. Not to people or things.”

Albert Einstein

Endorsements



Professor Steven Ihde
PhD
Faculty of Arts, Art Institute of Washington (retired)

“The poetry decidedly prompts me to wish I was in Australia to see the sights depicted, to feel the air, and to revel in the majesties. This is a joyous read from start to finish.”



Brooke Hill
BMedia, PostGradCert
Writing & Literature Author ‘You Two, You Two’

“The Road Awaits by Joan Elkington and Robinanne Lavelle is a glorious step back in time - to a simpler period which wasn't so long ago - but so very different. The details are wry, honest and touching, and the language lyrical. It's a visceral reading experience with just the right amount of nostalgia. I recommend this book to anyone who wants to escape to a different time and place, and who is keen to connect with a very Australian experience.”



Mike Campbell
BCom
Podcaster, Speaker Travel and Minimalism

“A beautiful unique blend of travel diary, Australian poetry and photography that transports you into the back seat of the family van on this epic journey across Australia. Joan and Robinanne’s poetry provides a window into their minds, their thoughts of what they were witnessing along the journey, while the travel diary provides a reflection on a period of Australian history. This wonderful book takes the reader across dirt roads, through emerging cities and past the environmental marvels of Australia during the 1960s. Now is a perfect moment in time for a book like this—a reminder, that the wonders of the world, its natural beauty, are found when we lift our heads out of our screens, look up, and out the window on a family road trip.”

Interview Questions

1

Is this a poetry or travel book?

6

How do you compare your childhood to children of today?

2

What is your book about?

7

Would you recommend a road trip for a family today?

3

Why did you write this book?

8

What is the message about nature and our environment in this journey?

4

What do you think a reader will take away from this book?

9

Are there other books to come?

5

What did you learn from these childhood life experiences that are depicted in the book?



Contact

Robinanne Lavelle



What an astonishing thing a book is. It's a flat object made from a tree with flexible parts on which are imprinted lots of funny dark squiggles. But one glance at it and you're inside the mind of another person, maybe somebody dead for thousands of years. Across the millennia, an author is speaking clearly and silently inside your head, directly to you. Writing is perhaps the greatest of human inventions, binding together people who never knew each other, citizens of distant epochs. Books break the shackles of time. A book is proof that humans are capable of working magic.
~ Carl Sagan

Robinanne Lavelle

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Author & Educator

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Guest Speaker - Topics

- Mindfulness, Meditation & Personal Management
- Formatting & Delivering Courses
- Workplace Empowerment



Zoom into Mindfulness Course

website: www.zoomintomindfulness.com



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